



To schedule, leave a message at 602.396.2114. We will call by the end of the day to set up an appointment that's convenient for you!



A DIVISION OF ARIZONA  
PRIMARY CARE PHYSICIANS, LLC

5620 W. Thunderbird Road #G-2  
Glendale, AZ 85306

**Scheduling: 602.396.2114**

## Aesthetic Dermatology *Menu of Services*



**T**hunderbird Internal Medicine offers a wide variety of aesthetic services for both men and women under the direction of board certified dermatologist Mariel Bird, D.O. State licensed aesthetician, Hannah Garcia, assists clients with non-medical skin care services which include facials, chemical peels, microdermabrasion and waxing.

While you're enjoying a service, ask about injectables and other services as well as our quarterly specials!

**Location:**

5620 W. Thunderbird Road #G-2  
Glendale, AZ 85306

[www.thunderbirdim.com](http://www.thunderbirdim.com)

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## Facials

**Spa \$50** – one of the most popular facial treatments, the Spa Facial is wonderful for all skin types. It involves a thorough cleansing and exfoliation of the skin along with steam, followed by a soothing massage and nourishing seaweed mask to rehydrate and reinvigorate.

**Deep Pore \$75** – the ideal treatment for men and women with oily or acne-prone skin, the Deep Pore facial steams the face to open pores and prepare for the extraction of whiteheads and blackheads followed by a soothing massage and strawberry spearmint mask to absorb oil and draw out impurities and toxins.

**Anti-Aging \$75** – while it begins by cleansing, steaming and massaging the face, what make the Anti-Aging facial different is that it includes the goji berry yogurt mask that moisturizes and soothes the skin and helps in rebuilding the skin resulting in the reduction of lines and wrinkles in addition to an improvement in the skin's elasticity.

**Seasonal \$75** – this facial includes not only skin care but also treating your senses with delightful scents of the season. A truly indulgent experience. Call for details on this season's facial.

## Crystal Microdermabrasion \$85

*Restore, rejuvenate and revitalize your skin with the PowerPeel Microdermabrasion. This is a method of skin resurfacing that utilizes fine crystals to provide effective exfoliation and rejuvenation of the top layer of the skin. Results are usually immediate and noticeable with improved skin tone, smooth texture and a healthy glow.*

## Chemical Peels \$75

*Customized to your exact skin type, these peels target various problems resulting in improved texture of the skin, reduction of fine lines and wrinkles by stimulating elastin and collagen production. These peels can also help to reduce acne and hyperpigmentation.*

## Waxing

*(A post-wax cooling gel application is provided with all to calm the skin)*

### Facial

Eyebrow \$20  
Chin \$12  
Upper Lip \$12  
Sideburns \$20

### Arm

Full Arm \$45  
Half Arm \$35  
Underarm \$25

### Leg

Full Leg \$75  
Half Leg \$40  
Bikini \$35