



**Welcome To Thunderbird Internal Medicine**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 Social Security #: \_\_\_\_\_ Gender: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Pharmacy Name: \_\_\_\_\_ Pharmacy Address: \_\_\_\_\_  
 Primary Care Physician (PCP) : \_\_\_\_\_  
 PCP Phone#: \_\_\_\_\_ PCP Fax#: \_\_\_\_\_  
 PCP Address: \_\_\_\_\_

Marital Status:	<input type="checkbox"/> Divorced <input type="checkbox"/> Married <input type="checkbox"/> Partner <input type="checkbox"/> Single <input type="checkbox"/> Unknown <input type="checkbox"/> Widowed <input type="checkbox"/> Legally Separated	Race:	<input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> African American <input type="checkbox"/> Asian <input type="checkbox"/> American Indian <input type="checkbox"/> Other <input type="checkbox"/> Refused	Ethnicity:	<input type="checkbox"/> Hispanic <input type="checkbox"/> Not Hispanic <input type="checkbox"/> Refused	Language:	<input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Vietnamese <input type="checkbox"/> Mandarin <input type="checkbox"/> Chinese <input type="checkbox"/> Hungarian <input type="checkbox"/> Other
-----------------	--	-------	--	------------	--	-----------	--

Are you currently employed? Full Time  Part Time  Student  Retired  Disabled

Employer: \_\_\_\_\_ Phone#: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**\*\*Do you have insurance through YOUR employer? Yes  No**

**Primary Insurance:** \_\_\_\_\_  
 Policyholder Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_  
 Policyholder date of birth: \_\_\_\_\_ Policyholder's Employer: \_\_\_\_\_  
 Policy/ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
 Insurance Company Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_  
 Policyholder Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_  
 Policyholder date of birth: \_\_\_\_\_ Employer: \_\_\_\_\_  
 Policy/ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
 Insurance Company Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**\*\*Do you have AHCCCS or Tertiary (3<sup>rd</sup>) Insurance?  Yes  No**

If yes, Plan Name/ID#: \_\_\_\_\_

**Patient/Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

What are the **most important** issue you want to discuss at today's office visit?

1. \_\_\_\_\_
2. \_\_\_\_\_

MEDICATIONS	Dose	Frequency	Reason taking
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**PAST OR PRESENT MEDICAL CONDITIONS - CHECK ALL THAT APPLY**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Hypertension                           | <input type="checkbox"/> DVT / Pulmonary embolism     | <input type="checkbox"/> Epilepsy /seizure     |
| <input type="checkbox"/> Type 2 or 1 diabetes                   | <input type="checkbox"/> Obstructive sleep apnea      | <input type="checkbox"/> Stroke (CVA)          |
| Diabetes Complications:   | <input type="checkbox"/> Positive TB skin test (PPD)  | <input type="checkbox"/> Parkinson's disease   |
| <input type="checkbox"/> Kidney (nephropathy)                   | <input type="checkbox"/> Restless leg syndrome        | <input type="checkbox"/> Peripheral neuropathy |
| <input type="checkbox"/> Nerve (neuropathy)                     | <input type="checkbox"/> Chronic kidney insufficiency | <input type="checkbox"/> Migraine or Headaches |
| <input type="checkbox"/> Eye (retinopathy)                      | <input type="checkbox"/> Gastroesophageal reflux      | <input type="checkbox"/> Kidney stones         |
| <input type="checkbox"/> Hyperlipidemia                         | <input type="checkbox"/> Barrett's esophagus          | <input type="checkbox"/> Large prostate (BPH)  |
| <input type="checkbox"/> Hypothyroidism                         | <input type="checkbox"/> Crohn's / Ulcerative Colitis | <input type="checkbox"/> Anemia                |
| <input type="checkbox"/> Thyroid nodule / goiter                | <input type="checkbox"/> Celiac sprue                 | <input type="checkbox"/> Anxiety / depression  |
| <input type="checkbox"/> Elevated blood sugar                   | <input type="checkbox"/> History of colon polyps      | <input type="checkbox"/> Allergies             |
| <input type="checkbox"/> Osteopenia / Osteoporosis              | <input type="checkbox"/> Hepatitis B or C             | <input type="checkbox"/> Glaucoma              |
| <input type="checkbox"/> Menopause                              | <input type="checkbox"/> Irritable bowel disease      | <input type="checkbox"/> Macular degeneration  |
| <input type="checkbox"/> Coronary artery disease / heart attack | <input type="checkbox"/> Rheumatoid arthritis         | <input type="checkbox"/> Low vitamin B12 or D  |
| <input type="checkbox"/> Atrial fibrillation                    | <input type="checkbox"/> Degenerative arthritis       | <input type="checkbox"/> Chickenpox            |
| <input type="checkbox"/> Carotid stenosis                       | <input type="checkbox"/> Psoriasis                    | <input type="checkbox"/> Cancer: _____         |
| <input type="checkbox"/> Blood vessel disease (PVD)             | <input type="checkbox"/> Systemic lupus erythematous  | _____  |
| <input type="checkbox"/> COPD / Asthma                          | <input type="checkbox"/> Gout                         | <input type="checkbox"/> Other: _____          |
| <input type="checkbox"/> Asbestos exposure                      | <input type="checkbox"/> Chronic pain                 | _____  |
|   | <input type="checkbox"/> Alzheimer's / dementia       | _____  |

*Women only:*  
 Number of Pregnancies \_\_\_\_\_ # of live births \_\_\_\_\_ # of Miscarriage/Abortion \_\_\_\_\_



Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**ALLERGIES TO MEDICATIONS OR FOOD**

Medications / Food	Reaction
_____	_____
_____	_____
_____	_____
_____	_____

**SURGERIES – CHECK ALL THAT APPLY**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Appendectomy        | <input type="checkbox"/> C-section                   | <input type="checkbox"/> Joint Surgery (list):<br>_____ |
| <input type="checkbox"/> Gallbladder surgery | <input type="checkbox"/> Thyroid Surgery             | _____   |
| <input type="checkbox"/> Vasectomy           | <input type="checkbox"/> Back/Neck Surgery           | _____   |
| <input type="checkbox"/> Prostate Surgery    | <input type="checkbox"/> Cataract Removal            | <input type="checkbox"/> Other Surgery (list):<br>_____ |
| <input type="checkbox"/> Hysterectomy        | <input type="checkbox"/> Tonsillectomy               | _____   |
| <input type="checkbox"/> Ovary Removal       | <input type="checkbox"/> Transplant (list):<br>_____ | _____   |
| <input type="checkbox"/> Breast Surgery      | _____  | _____   |
| <input type="checkbox"/> Breast Biopsy       | <input type="checkbox"/> Hernia (list):<br>_____     | _____   |
| <input type="checkbox"/> Heart Bypass/Stent  | _____  | _____   |
| <input type="checkbox"/> Bariatric Surgery   | _____  | _____   |

**FAMILY HEALTH HISTORY**

	Major medical problems	Age of death	Cause of death
Mother	_____	_____	_____
Father	_____	_____	_____
Sibling (#____)	_____	_____	_____
Children (#____)	_____	_____	_____

In addition to completing the above information, please check all that apply to family history:

- |   |  |
|---|--|
| <input type="checkbox"/> Cancer of Breast/Ovarian or Prostate | <input type="checkbox"/> Diabetes or Hypertension                                    |
| <input type="checkbox"/> Colon Cancer                         | <input type="checkbox"/> Early Heart Attack (before age 55 for men and 65 for women) |

**SOCIAL**

Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Living Will? ..... YES NO

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**Tobacco Use**

- Never
- Former Use.... Year quit \_\_\_\_\_ # Years smoked \_\_\_\_\_ # Packs/day \_\_\_\_\_
- Current Use.... Age started \_\_\_\_\_ # Packs/day \_\_\_\_\_

**Alcohol Use**

Did you have a drink containing alcohol in the past year? ..... YES NO

How often did you have a drink containing alcohol?

- Monthly or less
- 2 to 3 times a WEEK
- 2 to 4 times a MONTH
- 4 or more times a WEEK

How many alcoholic drinks did you have on a typical day?

- 1 – 2
- 3 – 4
- 5 – 6
- 7 – 9
- 10 or more

How often did you have 6 or more drinks on one occasion in the past year?

- Never
- Monthly
- Daily or almost daily
- Less than monthly
- Weekly

**PREVENTATIVE AND WELLNESS**

Colonoscopy (month/year) \_\_\_\_\_ Result: \_\_\_\_\_

Eye exam (month/year) \_\_\_\_\_ Result: \_\_\_\_\_

*Men only:* Prostate blood test (month/year) \_\_\_\_\_

*Women only:* Bone density (month/year) \_\_\_\_\_ Gynecologist name \_\_\_\_\_

Mammogram (month/year) \_\_\_\_\_ Result: \_\_\_\_\_

Pap smear (month/year) \_\_\_\_\_ Result: \_\_\_\_\_

**IMMUNIZATIONS**

Tetanus (year) \_\_\_\_\_ Pneumovax (year) \_\_\_\_\_ Pevnar (year) \_\_\_\_\_

Hepatitis A (year) \_\_\_\_\_ Hepatitis B (year) \_\_\_\_\_ Chickenpox (year) \_\_\_\_\_

Shingles (year) \_\_\_\_\_ Gardasil/HPV (year) \_\_\_\_\_ Flu (month/year) \_\_\_\_\_

**Fall Risk**

Mobility Status (circle):      Walking      Walking with Assistance      Wheelchair

Have you fallen in the past year (circle)? ..... YES NO

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**Mood Questions**

Do you have little interest or pleasure in doing things? ..... YES NO  
 Are you feeling down, depressed, or hopeless? ..... YES NO

**SPECIALIST PHYSICIANS that you see regularly (please list all)**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name of your previous PCP (including city/state): \_\_\_\_\_

**SYSTEM REVIEW - indicate if you have had any of the below symptoms in last 2 months**

Rate your pain on a scale (0 = no pain; 10 = debilitating pain) \_\_\_\_\_

Excessive thirst or urination? .....	YES	NO
Significant headaches, slurred speech? .....	YES	NO
Double or blurred vision? .....	YES	NO
Diminished hearing or hoarseness? .....	YES	NO
Cough, shortness of breath, or wheezing? .....	YES	NO
Chest pain/pressure; rapid or irregular heartbeat? .....	YES	NO
Awakening at night short of breath? .....	YES	NO
Abnormal swelling in the legs or feet? .....	YES	NO
Pain or stiffness in your joints? .....	YES	NO
Abnormal nipple discharge or breast lump? .....	YES	NO
Skin rash, sore, or change of a mole? .....	YES	NO
Difficulty swallowing, heartburn, nausea, or vomiting? .....	YES	NO
Significant constipation or diarrhea; bloody or black bowel movements? .....	YES	NO
Do you feel you are at risk for sexually transmitted disease? .....	YES	NO
Weight loss of 10 pounds or more during the last 6 months? .....	YES	NO
Disruptive snoring? .....	YES	NO
Have others witnessed you stop breathing while sleeping? .....	YES	NO
Involuntary leakage of urinary? .....	YES	NO
Desire for hearing test? .....	YES	NO